

- EST. 1982 -

STANLEY'S

BAR & GRILL

TO START & SHARE

VEGGIE POUTINE 🥕🌿 | 13

quebec cheese curds, smoked veggie gravy, scallions

BEEF TENDERLOIN CARPACCIO | 13

horseradish dijon, crispy capers, arugula, crostini

CHICKEN WINGS 🌿 | 12

blue cheese ranch, veggies

choice of: sriracha buffalo, cajun, bbq, maple bacon

HUMMUS PLATE 🍷 | 13

pita, olives, veggies

add pita | +2

add veggies | +3

GARLIC SHRIMP 🍷 | 15

garlic butter, pacific shrimp, fresh lemon, baguette

SALADS

add grilled chicken, salmon or shrimp | +8

QUINOA & ARTISAN GREENS SALAD 🌿🍷 10 | 15

bell pepper & corn medley, dried blueberries, cider vinaigrette

CAESAR SALAD 9 | 14

rich anchovy dressing, fried capers, croutons, shaved parmesan

ENGLISH GARDEN SALAD 🥕 10 | 15

blue cheese dressing, walnuts, cucumber, english peas

SOUPS

add a grilled cheese sandwich for dipping | +5

WEST COAST SEAFOOD CHOWDER 🍷 | 12

salmon, clams, dill cream

ROASTED TOMATO & BASIL SOUP 🌿🍷 | 10

olive oil, balsamic glaze

SOUP OF THE DAY | 10

inspired daily, ask your server

🌿 - gluten free

🥕 - vegetarian

🍷 - vegan

🍷 - ocean wise

PARK CLASSICS

7 OZ BEEF CHUCK BURGER | 22

thousand island, bacon, cheddar, lettuce, tomato, onion, pickle, sea salt fries

VEGGIE BURGER 🌿 | 17

corn & bean patty, red pepper relish, cheddar, lettuce, tomato, onion, pickle, sea salt fries

FREE RANGE GRILLED CHICKEN BURGER | 18

bourbon bbq sauce, bacon, lettuce, tomato, onion, sea salt fries

ALE BATTERED FISH & CHIPS 🍷 | 23

pacific cod, bc mushy peas, tartar, sea salt fries
add extra piece | +8

CLASSIC SPAGHETTI BOLOGNESE | 18

pork & beef, rich tomato sauce, parmesan
substitute gluten free penne 🌿 | +2

CURRIED CHICKPEAS "CHANA MASALA" 🌿🍷 | 17

jasmine rice, rich curry sauce, cilantro
add grilled chicken, salmon or shrimp | +8

GRILLED LOCAL SALMON 🌿🍷 | 22

sticky rice, citrus & soy vinaigrette, pea shoots, toasted cashews

BEEF & MUSHROOM PIE | 22

tender stewed beef, flakey pastry crust, bc mushy peas, sea salt fries

SUBSTITUTIONS

yam fries or soup | +2

chowder, poutine, salad or onion rings | +4

gluten free bun 🌿 | +3

DESSERT

MILK CHOCOLATE MOUSSE | 9

dark chocolate brownie, sponge toffee

VANILLA GELATO 🌿 | 9

berry preserves

RASPBERRY SORBET 🌿🍷 | 9

balsamic glaze, basil crystals

SEASONAL FRUIT CRUMBLE | 10

vanilla ice cream

CLASSIC TRIFLE | 10

vanilla brandy cream, cookie crumble, fresh berries, citrus sugar

Our commitment to quality ensures our sauces, stocks and dressings are house-made using local farms and suppliers to provide the best quality and freshest ingredients that, as much as possible, are ethically raised & hormone free. We will do our best to assist with food allergies, though we are unable to guarantee an allergen-free kitchen environment.

18% gratuity added to tables of 6 or more